

HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE
GRATED,HAM BNLS SMK OVAL FDL,SPICE
OREGANO LEAF WHL XX,PIZZA BLEND
CHEESE,CRUSHED PINEAPPLE,PIZZA CRUST
ORIG PIZZA

Nutrition Facts

Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

9/28/09

LUNCH

BREAD FOCACCIA W/MIXED HERBS ('08)

YEAST,GRANULATED
SUGAR,SALT,WATER,OLIVE OIL,FRESH
THYME,OLIVE OIL,GROUND OREGANO,SPICE
CELERY SEED GROUND,SPICE SAGE,FLOUR
SUNSHINE,FRESH PARSLEY

Nutrition Facts

Portion Size	~PORTIONS
calories	381
fat (gm)	10.7
sat fat (gm)	1.4
chol (mg)	0.0
sodium (mg)	523.9
carbs (gm)	65.8
protein (gm)	8.0
calcium (gm)	33.29
iron (gm)	2.23

IVY LUNCH CASH

9/28/09

LUNCH

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts

Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH

9/28/09

LUNCH

CAKE CHOC VANILLA PUDDING CT-80

SUGAR,H R SHORTENING,CAKE
FLOUR,COCOA,SALT,BAKING SODA,MILK
POWDER,BAKING POWDER
X,WATER,VANILLA EXTRACT,LIQUID
EGGS,WATER,HOMOGENIZED MILK,INSTANT
VANILLA PUDDING

Nutrition Facts

Portion Size	2.220 oz Portion
calories	127
fat (gm)	4.8
sat fat (gm)	1.7
chol (mg)	19.4
sodium (mg)	165.1
carbs (gm)	18.9
protein (gm)	2.4
calcium (gm)	59.93
iron (gm)	0.70

IVY LUNCH CASH**9/28/09****LUNCH**

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts

Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH**9/28/09****LUNCH**

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

Nutrition Facts

Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH**9/28/09****LUNCH**

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk ,Veg Patty Flame
Grilled,HAMBURGER ROLL

Nutrition Facts

Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

9/28/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

9/28/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

9/28/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

9/28/09

LUNCH

ITALIAN VEGETABLE SAUTE

CARROT STICKS,FRESH CAULIFLOWER
FLORETT,ZUCCHINI SLICED CHTE SD
2,ONIONS SLICED 1/8" WHITE,OLIVE
OIL,GARLIC CHOPPED/IN OIL,BASE
MIREPOIX,HOT WATER

Nutrition Facts

Portion Size	3 oz Portion
calories	39
fat (gm)	2.4
sat fat (gm)	0.3
chol (mg)	0.0
sodium (mg)	26.9
carbs (gm)	4.2
protein (gm)	0.9
calcium (gm)	12.67
iron (gm)	0.24

IVY LUNCH CASH

9/28/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED
CAPICOLA (HOT HAM),PROSCIUTTO,SLICED
OLIVES RIPE,PEPPERS RINGS BANANA
HOT,SLICED TOMATOES,GREEN LEAF
LETTUCE,GRILLED RED ONIONS,DRESS KENS
PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts

Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

9/28/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

9/28/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH WHITE,TOMATOES SLICED 3/16",MAYONNAISE,PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

9/28/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS SLICED 1/8",MUSHROOMS FRSH SL TUBE,GREEN PEPPERS SL THIN,YELLOW ONIONS SL THIN,SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED CHEDDAR CHEESE

Nutrition Facts	
Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

9/28/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED., GREEN LEAF LETTUCE, SLICED
TOMATOES, DRESS BLUE CHEESE CREAMY
DELUXE, TORTILLA TOM&BAS, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

9/28/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE, BEEF ROAST BOARS
HEAD, MUENSTER CHEESE, MUSHROOMS
FRESH, SLICED TOMATOES 3/16", PICKLES
FRSH SPEAR SCHWTZ, ROLLS BULKIE
CORNML CAL, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH

9/28/09

LUNCH

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE, PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

9/28/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,ROLLS
BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

9/28/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN
& GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

9/28/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

9/28/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts

Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

9/28/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF LETTUCE,FRESH TOMATOES, SLICED,Honey Mustard PC 1 oz,BBQ Sauce PC 1 oz,Sweet & Sour PC 1 oz,CHICKEN BREAST FILLET

Nutrition Facts

Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

9/28/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF,ROLL FRANKFURT,PAN & GRILL OIL

Nutrition Facts

Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

9/28/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST,AMERICAN CHEESE,WHITE PULLMAN BREAD,OIL PAN & GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

9/28/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

9/28/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD SALAD,SLICED TOMATOES 3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

9/28/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,SLICED PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

9/28/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,SPINACH/TOM/FETA(RETAIL),SHF MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

9/28/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON MUSTARD,PASTRAMI BOARS HEAD,SWISS CHEESE SL THIN 1 OZ,FRESH TOMATOES SLICED,PICKLES FRSH SPEAR SCHWTZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

9/28/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts

Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

9/28/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT, TURKEY GLD
OVEN RST BOARS, GOUDA CHEESE, MUSTARD
DIJON GREY P 3LB, MAYONNAISE, VEGAN
GRILLED VEGETABLES**Nutrition Facts**

Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

9/28/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ, 2-SLICED PROVOLONE
1/OZ, ONIONS SLICED 1/8" WHITE, ROLL
TORPEDO SUPERIOR**Nutrition Facts**

Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

9/28/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,GREEN LEAF LETTUCE,ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	10.420 oz Portior
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH**9/28/09****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10.670 oz Portior
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH**9/28/09****LUNCH**

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

Nutrition Facts

Portion Size	10.670 oz Portior
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH**9/28/09****LUNCH**

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,CHIPOTLE MAYONNAISE,PIZZA
BLEND CHEESE,CHICKEN MEAT,BROCCOLI
CUTS FZ

Nutrition Facts	
Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

9/28/09

LUNCH

IVY SPICY CHICKEN SANDWICH

ROLL BULKIE CALISE 6 ct,Chicken brst brd spicy
4.3 oz,GREEN LEAF LETTUCE,FRESH
TOMATOES,BLUE CHEESE DRESSING

Nutrition Facts	
Portion Size	10 - OZ SANDWI
calories	414
fat (gm)	21.4
sat fat (gm)	4.2
chol (mg)	30.3
sodium (mg)	996.0
carbs (gm)	45.5
protein (gm)	9.1
calcium (gm)	84.06
iron (gm)	2.77

IVY LUNCH CASH

9/28/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE COLD MIX,PIZZA BLEND
CHEESE,PEPPERONI SLICED,PIZZA TOPPING
SAUSAGE,PEPPERS GRN
DICED/1/4,MUSHROOMS FRESH,SLICED
OLIVES RIPE

Nutrition Facts	
Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

9/28/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL, TUNA FISH
4/OZ, MAYONNAISE, SLICED TOMATOES
3/16", PICKLE CIRCLES, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

9/28/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE, PIZZA BLEND CHEESE, PEPPERS GRN
DICED/1/4, ONIONS WHITE DICED
1/4", MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

9/28/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE, MAYONNAISE, TURKEY
GLD OVEN RST BOARS, BACON, SLICED
CHEDDAR CHEESE, SLICED TOMATOES
3/16", PICKLES FRSH SPEAR SCHWITZ, ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH

9/28/09

LUNCH

JELLO CHERRY CT-50

WATER,GELATIN CHERRY,COLD WATER

Nutrition Facts

Portion Size	4.560 oz Portion
calories	78
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	51.8
carbs (gm)	18.5
protein (gm)	1.6
calcium (gm)	0.61
iron (gm)	0.03

IVY LUNCH CASH

9/28/09

LUNCH

LYONNAISE POTATOES**VV**CKD WHOLE PEELED POTATOES,ONIONS
SLICED 1/8" WHITE,CHOPPED FRESH
PARSLEY,SALT,WHITE PEPPER,MARGARINE
MELTED,PAPRIKA**Nutrition Facts**

Portion Size	3.800 oz Portion
calories	108
fat (gm)	2.0
sat fat (gm)	0.4
chol (mg)	0.0
sodium (mg)	193.1
carbs (gm)	21.1
protein (gm)	1.9
calcium (gm)	11.37
iron (gm)	0.38

IVY LUNCH CASH

9/28/09

LUNCH

MEATBALL GRINDERMEATBALLS-ITALIAN(BUT SH),SPAGHETTI
SAUCE,PARMESAN CHEESE,ROLL TORPEDO
SUPERIOR**Nutrition Facts**

Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH

9/28/09

LUNCH

ONION SOUP (FRENCH)

ONIONS SLICED 1/8"
WHITE,MARGARINE,FLOUR UNBLEACHED
UNBR SPRING KING,ONION SOUP
BASE,CHICKEN BASE,WATER - MARK ON
KETTLE,COOKING SHERRY,CROUTONS
HOMESTYLE SYSCO,CHEESE SWISS BULK
SHREDDED

Nutrition Facts

Portion Size	6 oz Portion
calories	68
fat (gm)	2.6
sat fat (gm)	0.8
chol (mg)	2.6
sodium (mg)	640.4
carbs (gm)	9.0
protein (gm)	2.2
calcium (gm)	41.63
iron (gm)	0.27

IVY LUNCH CASH

9/28/09

LUNCH

PARFAIT PASSION FRUIT & YOGURT

STRAWBERRIES FRESH SLICED,LEMONS,
ZESTED,BAKERS SPECIAL SUGAR,PASSION
FRUIT,ORANGES BLOOD,
ZESTED,BLUEBERRIES FRESH,YOGURT PLAIN
NONFAT BULK,CEREAL GRANOLA OATS &
HONEY,KIWI FRUIT, 1/4" DICED,FRESH
RASPBERRIES

Nutrition Facts

Portion Size	GOBLET 8 oz
calories	363
fat (gm)	6.0
sat fat (gm)	3.5
chol (mg)	2.1
sodium (mg)	96.6
carbs (gm)	75.8
protein (gm)	6.2
calcium (gm)	104.95
iron (gm)	1.47

IVY LUNCH CASH

9/28/09

LUNCH

PARSLIED RICE

WATER MEASURED,SALT,WHITE
PEPPER,CHOPPED FRESH PARSLEY,WHITE
RICE

Nutrition Facts

Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH

9/28/09

LUNCH

Popcorn Chicken

Popcorn Chicken - Agar

Nutrition Facts

Portion Size	6oz portion
calories	477
fat (gm)	29.2
sat fat (gm)	9.1
chol (mg)	100.8
sodium (mg)	893.7
carbs (gm)	25.5
protein (gm)	27.8
calcium (gm)	26.88
iron (gm)	2.10

IVY LUNCH CASH

9/28/09

LUNCH

PUDDING TAPIOCA CT-48

TAPIOCA PUDDING MIX,HOMOGENIZED MILK

Nutrition Facts

Portion Size	2.730 oz Portion
calories	139
fat (gm)	3.1
sat fat (gm)	1.9
chol (mg)	12.3
sodium (mg)	152.6
carbs (gm)	25.6
protein (gm)	3.0
calcium (gm)	109.22
iron (gm)	0.07

IVY LUNCH CASH

9/28/09

LUNCH

Sauces for Chicken Fingers

Honey Mustard PC 1 oz, BBQ Sauce PC 1 oz, Sweet & Sour PC 1 oz

Nutrition Facts

Portion Size	Each
calories	13
fat (gm)	0.1
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	47.7
carbs (gm)	3.7
protein (gm)	0.0
calcium (gm)	9.32
iron (gm)	1.82

IVY LUNCH CASH

9/28/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER ROLL,Rolls Wheat Bulkie 6pk

Nutrition Facts	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

9/28/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY
BREAST,MAYONNAISE,JELLIED CRANBERRY SAUCE, GREEN LEAF LETTUCE, PLUM TOMATO JULIENNE, TORTILLA FLOUR 12"

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

9/28/09

LUNCH

VEGETARIAN GNOCCHI ALLA SORRENTINA

MARINARA SAUCE (MEDITERRANEO),CHEESE MOZZARELLA CHILIEGINE,FRESH BASIL CHIFFONNADE,CHEESE PARMESAN SHREDDED,PASTA GNOCCHI POTATO JOSEPH'S

Nutrition Facts	
Portion Size	6 OZ PORTION
calories	77
fat (gm)	4.4
sat fat (gm)	2.2
chol (mg)	10.2
sodium (mg)	207.1
carbs (gm)	4.1
protein (gm)	6.0
calcium (gm)	186.47
iron (gm)	1.09

IVY LUNCH CASH

9/28/09

LUNCH

VEGETARIAN VEGETABLE BARLEY SOUP

PEARL BARLEY,CARROTS DICED/1/4",CELERY DICED 1/4",ONIONS WHITE DICED 1/4",MARGARINE,BASE MIREPOIX,WATER TO MARK ON KETTLE,TOMATO PUREE 1.06,BLACK PEPPER,PEAS, FROZEN,TOMATOS, DICED,WATER TO MARK ON KETTLE

Nutrition Facts	
Portion Size	6 oz Portion
calories	83
fat (gm)	2.2
sat fat (gm)	0.4
chol (mg)	0.5
sodium (mg)	751.4
carbs (gm)	14.0
protein (gm)	2.6
calcium (gm)	22.21
iron (gm)	0.69

IVY LUNCH CASH

9/28/09

LUNCH

WHITE PESTO PIZZA '05

ROASTED GARLIC,SPICE OREGANO LEAF WHL XX,ROMANO CHEESE GRATED,PIZZA BLEND CHEESE,PESTO ALLA GENOVESE SAUCE, NO NUTS,PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	PIZZA
calories	786
fat (gm)	52.0
sat fat (gm)	12.6
chol (mg)	36.4
sodium (mg)	1010.0
carbs (gm)	60.4
protein (gm)	29.5
calcium (gm)	783.95
iron (gm)	9.67

IVY LUNCH CASH

9/28/09

LUNCH

HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE GRATED,HAM BNLS SMK OVAL FDL,SPICE OREGANO LEAF WHL XX,PIZZA BLEND CHEESE,CRUSHED PINEAPPLE,PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

9/29/09

LUNCH

BASQUE CAKE W/RASP '07

BUTTER SALT FREE PRINTS, GRANULATED SUGAR, LIQUID EGGS, VANILLA EXTRACT, CAKE FLOUR, SALT, BAKING POWDER X, FOIL PAN 10" HEMMED, PRESERVE RASPBERRY, SUGAR CONF 6X

Nutrition Facts	
Portion Size	~PORTIONS
calories	417
fat (gm)	27.4
sat fat (gm)	16.7
chol (mg)	109.5
sodium (mg)	128.4
carbs (gm)	40.6
protein (gm)	3.5
calcium (gm)	20.29
iron (gm)	2.01

IVY LUNCH CASH

9/29/09

LUNCH

BBQ CHICKEN PIZZA '05

BBQ SAUCE CATTLEMEN'S, ROMANO CHEESE GRATED, CHICKEN MEAT, SPICE OREGANO LEAF WHL XX, PIZZA BLEND CHEESE, PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	481
fat (gm)	21.6
sat fat (gm)	8.4
chol (mg)	55.1
sodium (mg)	984.1
carbs (gm)	51.9
protein (gm)	33.1
calcium (gm)	483.04
iron (gm)	20.36

IVY LUNCH CASH

9/29/09

LUNCH

BREAD CHEESE ZUDER '06

WATER, HOMOGENIZED MILK, GRANULATED SUGAR, MOZZARELLA CHEESE; SHREDDED, YEAST, BUTTER SALT FREE PRINTS, FRESH EGGS, SALT, MUENSTER CHEESE; SHREDDED, FLOUR UNBLEACHED UNBR SPRING KING, PARCHMENT PAN LINER 16X24"

Nutrition Facts	
Portion Size	~LOAVES (10 ct)
calories	1777
fat (gm)	51.2
sat fat (gm)	28.1
chol (mg)	318.3
sodium (mg)	3354.9
carbs (gm)	263.9
protein (gm)	72.9
calcium (gm)	1160.71
iron (gm)	8.76

IVY LUNCH CASH

9/29/09

LUNCH

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts

Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH

9/29/09

LUNCH

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts

Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH

9/29/09

LUNCH

CHICKEN RICE SOUP

ONIONS WHITE DICED 1/4",CELERY DICED
1/4",CARROTS
DICED/1/4",MARGARINE,CHICKEN
BASE,WATER TO MARK ON KETTLE,WHITE
RICE,CKD CHICKEN MEAT 3/8 DICE,WATER TO
MARK ON KETTLE,PARSLEY CHOPPED

Nutrition Facts

Portion Size	6 oz Portion
calories	87
fat (gm)	3.6
sat fat (gm)	0.8
chol (mg)	13.7
sodium (mg)	838.2
carbs (gm)	7.3
protein (gm)	6.0
calcium (gm)	19.39
iron (gm)	0.60

IVY LUNCH CASH

9/29/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

Nutrition Facts	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

9/29/09

LUNCH

CORN & SWEET PEPPER SAUTE

FRZ CORN WHOLE KERNEL, GREEN PEPPERS
1/4" DICE, RED PEPPERS 1/4"
DICE, MARGARINE, HALF AND HALF
CREAM, SALT, GROUND BLACK PEPPER

Nutrition Facts	
Portion Size	3 oz Portion
calories	134
fat (gm)	7.6
sat fat (gm)	1.9
chol (mg)	3.2
sodium (mg)	143.5
carbs (gm)	16.8
protein (gm)	2.7
calcium (gm)	14.70
iron (gm)	0.32

IVY LUNCH CASH

9/29/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk , Veg Patty Flame
Grilled, HAMBURGER ROLL

Nutrition Facts	
Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

9/29/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

9/29/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

9/29/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

9/29/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED
CAPICOLA (HOT HAM),PROSCIUTTO,SLICED
OLIVES RIPE,PEPPERS RINGS BANANA
HOT,SLICED TOMATOES,GREEN LEAF
LETTUCE,GRILLED RED ONIONS,DRESS KENS
PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

9/29/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC
P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR
TOMATOE SLICED (2 PER),FR SPINACH (2-3
LEAVES),SYRIAN BREAD LARGE 7",PICKLES
FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

9/29/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH
WHITE,TOMATOES SLICED
3/16",MAYONNAISE,PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

9/29/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS
SLICED 1/8",MUSHROOMS FRSH SL
TUBE,GREEN PEPPERS SL THIN,YELLOW
ONIONS SL THIN,SYRIAN BREAD LARGE
7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED
CHEDDAR CHEESE

Nutrition Facts

Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH**9/29/09****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED.,GREEN LEAF LETTUCE,SLICED
TOMATOES,DRESS BLUE CHEESE CROMY
DELUXE,TORTILLA TOM&BAS,BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts

Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH**9/29/09****LUNCH**

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE,BEEF ROAST BOARS
HEAD,MUENSTER CHEESE,MUSHROOMS
FRESH,SLICED TOMATOES 3/16",PICKLES
FRSH SPEAR SCHWTZ,ROLLS BULKIE
CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH**9/29/09****LUNCH**

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

9/29/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN & GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts

Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts

Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL,GREEN LEAF
LETTUCE,FRESH TOMATOES, SLICED,Honey
Mustard PC 1 oz,BBQ Sauce PC 1 oz,Sweet &
Sour PC 1 oz,CHICKEN BREAST FILLET

Nutrition Facts

Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF,ROLL FRANKFURT,PAN & GRILL OIL

Nutrition Facts	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST,AMERICAN CHEESE,WHITE PULLMAN BREAD,OIL PAN & GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED HAMBURGER DELUXE

FRESH TOMATOES SLICED,HAMBURGER ROLL,BEEF GROUND PATTY 4/LB BS,PAN&GRILL OIL,GREEN LEAF LETTUCE,CHEESE AMERICAN -RET,DRESS KEN 32 oz THOUSAND ISLAND

Nutrition Facts	
Portion Size	9 OZ SANDWICH
calories	394
fat (gm)	16.8
sat fat (gm)	7.2
chol (mg)	82.2
sodium (mg)	614.5
carbs (gm)	35.7
protein (gm)	28.3
calcium (gm)	223.67
iron (gm)	4.59

IVY LUNCH CASH

9/29/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

9/29/09

LUNCH

IVY MEATBALL PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE GRATED,SPICE OREGANO LEAF WHL XX,PIZZA BLEND CHEESE,MEATBALLS-ITALIAN (BUT SHOP LBS),PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	566
fat (gm)	25.8
sat fat (gm)	9.8
chol (mg)	68.5
sodium (mg)	1221.2
carbs (gm)	51.8
protein (gm)	36.4
calcium (gm)	436.43
iron (gm)	3.99

IVY LUNCH CASH

9/29/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD SALAD,SLICED TOMATOES 3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

9/29/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,SLICED PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

9/29/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,SPINACH/TOM/FETA(RETAIL),SHF MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

9/29/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON MUSTARD,PASTRAMI BOARS HEAD,SWISS CHEESE SL THIN 1 OZ,FRESH TOMATOES SLICED,PICKLES FRSH SPEAR SCHWTZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

9/29/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts

Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

9/29/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT, TURKEY GLD
OVEN RST BOARS, GOUDA CHEESE, MUSTARD
DIJON GREY P 3LB, MAYONNAISE, VEGAN
GRILLED VEGETABLES**Nutrition Facts**

Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

9/29/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ, 2-SLICED PROVOLONE
1/OZ, ONIONS SLICED 1/8" WHITE, ROLL
TORPEDO SUPERIOR**Nutrition Facts**

Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

9/29/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,GREEN LEAF LETTUCE,ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	10.420 oz Portior
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH**9/29/09****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10.670 oz Portior
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH**9/29/09****LUNCH**

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

Nutrition Facts

Portion Size	10.670 oz Portior
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH**9/29/09****LUNCH**

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,CHIPOTLE MAYONNAISE,PIZZA
BLEND CHEESE,CHICKEN MEAT,BROCCOLI
CUTS FZ

Nutrition Facts	
Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

9/29/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE COLD MIX,PIZZA BLEND
CHEESE,PEPPERONI SLICED,PIZZA TOPPING
SAUSAGE,PEPPERS GRN
DICED/1/4,MUSHROOMS FRESH,SLICED
OLIVES RIPE

Nutrition Facts	
Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

9/29/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL,TUNA FISH
4/OZ,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portior
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

9/29/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,PEPPERS GRN DICED/1/4,ONIONS WHITE DICED 1/4",MUSHROOMS FRESH SLICED

Nutrition Facts

Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH**9/29/09****LUNCH**

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE,MAYONNAISE,TURKEY GLD OVEN RST BOARS,BACON,SLICED CHEDDAR CHEESE,SLICED TOMATOES 3/16",PICKLES FRSH SPEAR SCHWITZ,ROLLS BULKIE CORNML CAL

Nutrition Facts

Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH**9/29/09****LUNCH**

JELLO LEMON CT-50

WATER,GELATIN LEMON,COLD WATER

Nutrition Facts

Portion Size	4.560 oz Portion
calories	78
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	51.8
carbs (gm)	18.5
protein (gm)	1.6
calcium (gm)	0.61
iron (gm)	0.03

IVY LUNCH CASH**9/29/09****LUNCH**

LINGUICA SANDWICH

New York Roll,LINGUICA CUT
1/2"SQUARE,ONIONS RED SLICED,GREEN
PEPPERS

Nutrition Facts	
Portion Size	6 oz Portion
calories	543
fat (gm)	34.8
sat fat (gm)	12.7
chol (mg)	89.0
sodium (mg)	1202.4
carbs (gm)	32.0
protein (gm)	24.4
calcium (gm)	43.23
iron (gm)	3.20

IVY LUNCH CASH

9/29/09

LUNCH

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI
SAUCE,PARMESAN CHEESE,ROLL TORPEDO
SUPERIOR

Nutrition Facts	
Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH

9/29/09

LUNCH

PARFAIT STRWBRY YOG GRANOLA

YOGURT STRAWB 5 LB,CEREAL GRANOLA
OATS & HONEY,FRESH
STRAWBERRY,STRAWBERRY TOPPING

Nutrition Facts	
Portion Size	GOBLET 8 oz
calories	464
fat (gm)	11.6
sat fat (gm)	7.5
chol (mg)	6.0
sodium (mg)	200.5
carbs (gm)	82.3
protein (gm)	12.5
calcium (gm)	262.28
iron (gm)	2.38

IVY LUNCH CASH

9/29/09

LUNCH

PARSLIED RICE

WATER MEASURED,SALT,WHITE PEPPER,CHOPPED FRESH PARSLEY,WHITE RICE

Nutrition Facts

Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH**9/29/09****LUNCH**

PUDDING CHOCOLATE CT-48

INSTANT CHOCOLATE PUDDING,HOMOGENIZED MILK

Nutrition Facts

Portion Size	4.880 oz Portion
calories	158
fat (gm)	4.3
sat fat (gm)	2.7
chol (mg)	15.8
sodium (mg)	141.5
carbs (gm)	26.9
protein (gm)	4.4
calcium (gm)	149.09
iron (gm)	0.50

IVY LUNCH CASH**9/29/09****LUNCH**

RED RICE

MARGARINE,ONIONS WHITE DICED 1/4",CHOPPED RED PEPPERS SMALL DICE,WHITE RICE,TABASCO,PAPRIKA,SUGAR,SALT,WATER TO MARK ON KETTLE,WHOLE TOMATOES READY CUT

Nutrition Facts

Portion Size	4 oz Portion
calories	115
fat (gm)	1.2
sat fat (gm)	0.3
chol (mg)	0.0
sodium (mg)	118.2
carbs (gm)	23.5
protein (gm)	2.3
calcium (gm)	27.12
iron (gm)	1.24

IVY LUNCH CASH**9/29/09****LUNCH**

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER ROLL,Rolls Wheat Bulkie 6pk

Nutrition Facts	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

9/29/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY BREAST,MAYONNAISE,JELLIED CRANBERRY SAUCE,GREEN LEAF LETTUCE,PLUM TOMATO JULIENNE,TORTILLA FLOUR 12"

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

9/29/09

LUNCH

VEGAN TEMPEH FAJITA W/ PICO de GA

PICO DE GALLO SAUCE,GARLIC CHOPPED/IN OIL,ONIONS WHITE DICED 1/4",FRESH TOMATOES CHOPPED,CILANTRO FRESH CHOPPED,FR JALAPENO FINE CHOPPED,SALT,FAJITAS MIXTURE YIELD,GARLIC CHOPPED/IN OIL,JUICE LIME REALIME 1 liter,TEMPEH BULK JULIENNE,OLIVE OIL,WATER,SOY SAUCE GALS,FLOUR TORTILLA 6",BASE MIREPOIX

Nutrition Facts	
Portion Size	7 oz Portion
calories	346
fat (gm)	18.1
sat fat (gm)	2.5
chol (mg)	0.1
sodium (mg)	753.6
carbs (gm)	33.3
protein (gm)	17.1
calcium (gm)	122.82
iron (gm)	3.12

IVY LUNCH CASH

9/29/09

LUNCH

VEGETARIAN LENTIL SOUP

LENTILS, WATER, ONIONS WHITE DICED
1/4", CARROTS DICED/1/4", CELERY DICED
1/4", GRANULATED GARLIC, OLIVE OIL, TOMATO
PASTE, SALT, BLACK PEPPER, BAY LEAF IN
SACHET BAG, OREGANO LEAVES, WATER TO
MARK ON KETTLE

Nutrition Facts	
Portion Size	6 oz Portion
calories	159
fat (gm)	5.5
sat fat (gm)	0.7
chol (mg)	0.0
sodium (mg)	265.0
carbs (gm)	20.5
protein (gm)	8.4
calcium (gm)	24.80
iron (gm)	3.22

IVY LUNCH CASH

9/29/09

LUNCH

WHITE PESTO PIZZA '05

ROASTED GARLIC, SPICE OREGANO LEAF WHL
XX, ROMANO CHEESE GRATED, PIZZA BLEND
CHEESE, PESTO ALLA GENOVESE SAUCE, NO
NUTS, PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	PIZZA
calories	786
fat (gm)	52.0
sat fat (gm)	12.6
chol (mg)	36.4
sodium (mg)	1010.0
carbs (gm)	60.4
protein (gm)	29.5
calcium (gm)	783.95
iron (gm)	9.67

IVY LUNCH CASH

9/29/09

LUNCH

HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX, ROMANO CHEESE
GRATED, HAM BNLS SMK OVAL FDL, SPICE
OREGANO LEAF WHL XX, PIZZA BLEND
CHEESE, CRUSHED PINEAPPLE, PIZZA CRUST
ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

9/30/09

LUNCH

BASQUE CAKE W/RASP '07

BUTTER SALT FREE PRINTS, GRANULATED SUGAR, LIQUID EGGS, VANILLA EXTRACT, CAKE FLOUR, SALT, BAKING POWDER X, FOIL PAN 10" HEMMED, PRESERVE RASPBERRY, SUGAR CONF 6X

Nutrition Facts	
Portion Size	~PORTIONS
calories	417
fat (gm)	27.4
sat fat (gm)	16.7
chol (mg)	109.5
sodium (mg)	128.4
carbs (gm)	40.6
protein (gm)	3.5
calcium (gm)	20.29
iron (gm)	2.01

IVY LUNCH CASH

9/30/09

LUNCH

BBQ CHICKEN PIZZA '05

BBQ SAUCE CATTLEMEN'S, ROMANO CHEESE GRATED, CHICKEN MEAT, SPICE OREGANO LEAF WHL XX, PIZZA BLEND CHEESE, PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	481
fat (gm)	21.6
sat fat (gm)	8.4
chol (mg)	55.1
sodium (mg)	984.1
carbs (gm)	51.9
protein (gm)	33.1
calcium (gm)	483.04
iron (gm)	20.36

IVY LUNCH CASH

9/30/09

LUNCH

BEEF TIPS WITH CURRY

MARGARINE, ONIONS WHITE DICED 1/4", CELERY DICED 1/4", GROUND BLACK PEPPER, THYME LEAF, GROUND CURRY POWDER, GROUND MACE, BAY LEAF IN SACHET BAG, FLOUR SUNSHINE, BEEF BASE, WATER (HOT), COCONUT CREAM, BEEF STRIP 3" LONG X 1/2 BU, SLICED FRESH APPLES

Nutrition Facts	
Portion Size	8 oz Portion
calories	414
fat (gm)	24.0
sat fat (gm)	8.4
chol (mg)	101.3
sodium (mg)	592.7
carbs (gm)	17.4
protein (gm)	32.3
calcium (gm)	62.57
iron (gm)	5.79

IVY LUNCH CASH

9/30/09

LUNCH

BREAD AFRICAN HONEY

WATER, YEAST, LIQUID EGGS, HONEY, BUTTER SOLIDS, FLOUR SUNSHINE, DRY MILK POWDER, GROUND CORIANDER, GROUND CINNAMON, GROUND CLOVES, SALT

Nutrition Facts	
Portion Size	LOAF
calories	2018
fat (gm)	55.1
sat fat (gm)	30.1
chol (mg)	223.2
sodium (mg)	2434.8
carbs (gm)	350.8
protein (gm)	46.0
calcium (gm)	383.38
iron (gm)	10.98

IVY LUNCH CASH

9/30/09

LUNCH

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE, ROYAL DUTCH COCOA, GRANULATED SUGAR, LIQUID EGGS, SALT, VANILLA EXTRACT, CAKE FLOUR, CAKE CHOCOLATE BATTER FROM MIX, FROSTING CHOCOLATE RTU

Nutrition Facts	
Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH

9/30/09

LUNCH

CHEESE ENCHILADAS

OIL, ONIONS WHITE DICED 1/4", TOMATOES (SMALL DICE), CHOPPED GREEN CHILI, HALF & HALF, CORN TORTILLA SHELL 5"FRZ, SHREDDED CHEDDAR CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	474
fat (gm)	39.9
sat fat (gm)	20.2
chol (mg)	98.3
sodium (mg)	638.5
carbs (gm)	9.8
protein (gm)	22.5
calcium (gm)	676.85
iron (gm)	45.43

IVY LUNCH CASH

9/30/09

LUNCH

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

<u>Nutrition Facts</u>	
Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH

9/30/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

<u>Nutrition Facts</u>	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

9/30/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk ,Veg Patty Flame
Grilled,HAMBURGER ROLL

<u>Nutrition Facts</u>	
Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

9/30/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

9/30/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

9/30/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

9/30/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED CAPICOLA (HOT HAM),PROSCIUTTO,SLICED OLIVES RIPE,PEPPERS RINGS BANANA HOT,SLICED TOMATOES,GREEN LEAF LETTUCE,GRILLED RED ONIONS,DRESS KENS PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

9/30/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

9/30/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH WHITE,TOMATOES SLICED 3/16",MAYONNAISE,PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

9/30/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS
SLICED 1/8",MUSHROOMS FRSH SL
TUBE,GREEN PEPPERS SL THIN,YELLOW
ONIONS SL THIN,SYRIAN BREAD LARGE
7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED
CHEDDAR CHEESE

Nutrition Facts	
Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

9/30/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED.,GREEN LEAF LETTUCE,SLICED
TOMATOES,DRESS BLUE CHEESE CROMY
DELUXE,TORTILLA TOM&BAS,BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

9/30/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE,BEEF ROAST BOARS
HEAD,MUENSTER CHEESE,MUSHROOMS
FRESH,SLICED TOMATOES 3/16",PICKLES
FRSH SPEAR SCHWTZ,ROLLS BULKIE
CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH

9/30/09

LUNCH

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

9/30/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

9/30/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN & GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

9/30/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

9/30/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

9/30/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL,GREEN LEAF
LETTUCE,FRESH TOMATOES, SLICED,Honey
Mustard PC 1 oz,BBQ Sauce PC 1 oz,Sweet &
Sour PC 1 oz,CHICKEN BREAST FILLET

Nutrition Facts	
Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

9/30/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF,ROLL FRANKFURT,PAN & GRILL OIL

Nutrition Facts	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

9/30/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST,AMERICAN CHEESE,WHITE PULLMAN BREAD,OIL PAN & GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

9/30/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

9/30/09

LUNCH

IVY MEATBALL PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE
GRATED,SPICE OREGANO LEAF WHL
XX,PIZZA BLEND CHEESE,MEATBALLS-ITALIAN
(BUT SHOP LBS),PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	566
fat (gm)	25.8
sat fat (gm)	9.8
chol (mg)	68.5
sodium (mg)	1221.2
carbs (gm)	51.8
protein (gm)	36.4
calcium (gm)	436.43
iron (gm)	3.99

IVY LUNCH CASH

9/30/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

9/30/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE,SLICED
PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

9/30/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA, SPINACH/TOM/FETA(RETAIL), SHF
MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

9/30/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE, DIJON
MUSTARD, PASTRAMI BOARS HEAD, SWISS
CHEESE SL THIN 1 OZ, FRESH TOMATOES
SLICED, PICKLES FRSH SPEAR
SCHWITZ, ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

9/30/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts	
Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

9/30/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT, TURKEY GLD
OVEN RST BOARS, GOUDA CHEESE, MUSTARD
DIJON GREY P 3LB, MAYONNAISE, VEGAN
GRILLED VEGETABLES

Nutrition Facts

Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH**9/30/09****LUNCH**

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ, 2-SLICED PROVOLONE
1/OZ, ONIONS SLICED 1/8" WHITE, ROLL
TORPEDO SUPERIOR

Nutrition Facts

Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH**9/30/09****LUNCH**

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST, MUSTARD
SALAD, SLICED TOMATOES 3/16", PICKLE
CIRCLES, GREEN LEAF LETTUCE, ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	10.420 oz Portion
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH**9/30/09****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

<u>Nutrition Facts</u>	
Portion Size	10.670 oz Portior
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

9/30/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

<u>Nutrition Facts</u>	
Portion Size	10.670 oz Portior
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

9/30/09

LUNCH

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,CHIPOTLE MAYONNAISE,PIZZA
BLEND CHEESE,CHICKEN MEAT,BROCCOLI
CUTS FZ

<u>Nutrition Facts</u>	
Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

9/30/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE COLD MIX,PIZZA BLEND CHEESE,PEPPERONI SLICED,PIZZA TOPPING SAUSAGE,PEPPERS GRN DICED/1/4,MUSHROOMS FRESH,SLICED OLIVES RIPE

Nutrition Facts	
Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

9/30/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL,TUNA FISH 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

9/30/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,PEPPERS GRN DICED/1/4,ONIONS WHITE DICED 1/4",MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

9/30/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE, MAYONNAISE, TURKEY
GLD OVEN RST BOARS, BACON, SLICED
CHEDDAR CHEESE, SLICED TOMATOES
3/16", PICKLES FRSH SPEAR SCHWITZ, ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH**9/30/09****LUNCH**

JELLO PARFAIT VAR FLAV

MARACHINO CHERRY, GELATIN
STRAWBERRY, HOT WATER, CREAM HEAVY 20
QUART, WHIPPED CREAM

Nutrition Facts

Portion Size	PORTION 8 oz
calories	221
fat (gm)	20.5
sat fat (gm)	12.8
chol (mg)	76.1
sodium (mg)	37.7
carbs (gm)	8.7
protein (gm)	1.6
calcium (gm)	37.40
iron (gm)	0.04

IVY LUNCH CASH**9/30/09****LUNCH**

LEMONY ORZO SALAD TO GO

LEMONY ORZO SALAD, CUP 5 OZ SOUFFLE
BLACK, CUP 5 OZ SOUFFLE BLACK LID

Nutrition Facts

Portion Size	container
calories	47
fat (gm)	2.8
sat fat (gm)	0.9
chol (mg)	4.2
sodium (mg)	196.8
carbs (gm)	4.9
protein (gm)	1.7
calcium (gm)	59.37
iron (gm)	1.09

IVY LUNCH CASH**9/30/09****LUNCH**

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI SAUCE,PARMESAN CHEESE,ROLL TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH

9/30/09

LUNCH

PARFAIT STRWBRY YOG GRANOLA

YOGURT STRAWB 5 LB,CEREAL GRANOLA OATS & HONEY,FRESH STRAWBERRY,STRAWBERRY TOPPING

Nutrition Facts	
Portion Size	GOBLET 8 oz
calories	464
fat (gm)	11.6
sat fat (gm)	7.5
chol (mg)	6.0
sodium (mg)	200.5
carbs (gm)	82.3
protein (gm)	12.5
calcium (gm)	262.28
iron (gm)	2.38

IVY LUNCH CASH

9/30/09

LUNCH

PUDDING VANILLA CT-48

HOMOGENIZED MILK,INSTANT VANILLA PUDDING

Nutrition Facts	
Portion Size	5.100 oz Portion
calories	67
fat (gm)	2.9
sat fat (gm)	1.8
chol (mg)	12.1
sodium (mg)	57.5
carbs (gm)	7.6
protein (gm)	3.0
calcium (gm)	114.08
iron (gm)	0.12

IVY LUNCH CASH

9/30/09

LUNCH

RATATOUILLE POLYNESIAN

EGG PLANT 1/4" CUBES,ZUCCHINI 1/4"
CUBES,YELLOW SQUASH 1/4" CUBES,ONIONS
WHITE DICED 1/4",SESAME SEEDS,FRESH
GINGER ROOT CHOPPED,TOMATOES
CHOPPED,SOY SAUCE GALS,GRANULATED
SUGAR,WHITE VINEGAR,VEGETABLE SALAD
OIL

Nutrition Facts	
Portion Size	4 OUNCES
calories	54
fat (gm)	2.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	262.6
carbs (gm)	8.1
protein (gm)	1.1
calcium (gm)	17.86
iron (gm)	0.48

IVY LUNCH CASH

9/30/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER
ROLL,Rolls Wheat Bulkie 6pk

Nutrition Facts	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

9/30/09

LUNCH

SPLIT PEA SOUP W/ HAM

ONIONS WHITE DICED 1/4",CELERY DICED
1/4",CARROTS
DICED/1/4",MARGARINE,WATER,SALT,DRIED
GREEN SPLIT PEAS,DICED POTATOES
1/2",HAM SMK OVAL FDL 1/4"DICE

Nutrition Facts	
Portion Size	6 oz Portion
calories	118
fat (gm)	4.9
sat fat (gm)	1.2
chol (mg)	14.4
sodium (mg)	540.8
carbs (gm)	10.1
protein (gm)	8.4
calcium (gm)	14.32
iron (gm)	0.85

IVY LUNCH CASH

9/30/09

LUNCH

STICKY RICE W/EDAMAME BEANS

RICE JAPANESE,WATER MEASURED,edamame
beans

Nutrition Facts	
Portion Size	3 oz Portion
calories	118
fat (gm)	0.7
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	3.9
carbs (gm)	24.1
protein (gm)	3.1
calcium (gm)	28.90
iron (gm)	1.25

IVY LUNCH CASH

9/30/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY
BREAST,MAYONNAISE,JELLIED CRANBERRY
SAUCE,GREEN LEAF LETTUCE,PLUM TOMATO
JULIENNE,TORTILLA FLOUR 12"

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

9/30/09

LUNCH

Vegan Brown Rice Pilaf for Rice Ckr Ref

BROWN RICE,ONIONS WHITE DICED 1/4",BASE
MIREPOIX,WATER TO MARK,GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	4oz portion
calories	130
fat (gm)	1.4
sat fat (gm)	0.3
chol (mg)	0.4
sodium (mg)	590.9
carbs (gm)	25.7
protein (gm)	3.4
calcium (gm)	17.40
iron (gm)	0.50

IVY LUNCH CASH

9/30/09

LUNCH

VEGETARIAN CREAM OF TOMATO SOUP

MARGARINE,CELERY DICED 1/4",ONIONS
WHITE DICED 1/4",BAY LEAF USE SACHET
BAG,TOMATO PUREE 1.06,TOMATO PASTE
USDA GRD FCY,SALT,SUGAR,WHITE
PEPPER,WATER TO MARK ON
KETTLE,SIMMER TO MARK ON KETTLE,CREAM
SAUCE AMT REQUIRED,MARGARINE,FLOUR
UNBLEACHED UNBR SPRING KING,FRESH
MILK (HOT),SALT,WHITE PEPPER,CARROTS
DICED/1/4"

Nutrition Facts

Portion Size	6 oz Portion
calories	116
fat (gm)	6.2
sat fat (gm)	2.3
chol (mg)	10.4
sodium (mg)	667.7
carbs (gm)	12.6
protein (gm)	3.9
calcium (gm)	104.15
iron (gm)	0.75

IVY LUNCH CASH

9/30/09

LUNCH

VEGETARIAN SUB SANDWICH

ZUCCHINI CT JULIENNE SMSD,MUSHROOMS
FRSH SL TUBE,GREEN PEPPERS SM
DICED,FRSH TOMATOE SLICE CT 1/2,BEAN
SPROUTS DRAINED,FRESH PARSLEY
CHOPPED,GARLIC CHOPPED/IN OIL,OLIVE
OIL,OREGANO LEAF,CRUSHED RED
PEPPER,BASIL LEAVES,PIZZA BLEND
CHEESE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	8.200 oz Portion
calories	375
fat (gm)	13.6
sat fat (gm)	4.9
chol (mg)	20.8
sodium (mg)	666.6
carbs (gm)	47.2
protein (gm)	19.9
calcium (gm)	336.92
iron (gm)	3.31

IVY LUNCH CASH

9/30/09

LUNCH

WHITE PESTO PIZZA '05

ROASTED GARLIC,SPICE OREGANO LEAF WHL
XX,ROMANO CHEESE GRATED,PIZZA BLEND
CHEESE,PESTO ALLA GENOVESE SAUCE, NO
NUTS,PIZZA CRUST ORIG PIZZA

Nutrition Facts

Portion Size	PIZZA
calories	786
fat (gm)	52.0
sat fat (gm)	12.6
chol (mg)	36.4
sodium (mg)	1010.0
carbs (gm)	60.4
protein (gm)	29.5
calcium (gm)	783.95
iron (gm)	9.67

IVY LUNCH CASH

9/30/09

LUNCH

BASIL TOMATO CREAM SAUCE - cat 08

MARGARINE,FLOUR UNBLEACHED UNBR
SPRING KING,HOMOGENIZED MILK,HALF AND
HALF CREAM,ROMANO CHEESE
GRATED,GARLIC CHOPPED/IN OIL,FRESH
BASIL CHOPPED,SALT,GROUND BLACK
PEPPER,FRESH TOMATOES HAND DICE

Nutrition Facts	
Portion Size	4 oz Portion
calories	150
fat (gm)	9.9
sat fat (gm)	4.9
chol (mg)	25.2
sodium (mg)	220.9
carbs (gm)	10.4
protein (gm)	6.4
calcium (gm)	289.40
iron (gm)	2.42

IVY LUNCH CASH

10/1/09

LUNCH

BASQUE CAKE W/RASP '07

BUTTER SALT FREE PRINTS,GRANULATED
SUGAR,LIQUID EGGS,VANILLA EXTRACT,CAKE
FLOUR,SALT,BAKING POWDER X,FOIL
PAN 10" HEMMED,PRESERVE
RASPBERRY,SUGAR CONF 6X

Nutrition Facts	
Portion Size	~PORTIONS
calories	417
fat (gm)	27.4
sat fat (gm)	16.7
chol (mg)	109.5
sodium (mg)	128.4
carbs (gm)	40.6
protein (gm)	3.5
calcium (gm)	20.29
iron (gm)	2.01

IVY LUNCH CASH

10/1/09

LUNCH

BEEF BARLEY SOUP

BARLEY,ONIONS WHITE DICED 1/4",CELERY
DICED 1/4",CARROTS DICED/1/4",TOMATOES
JULIENNE FRESH,FROZEN PEAS,ROAST BEEF
SLICED COOKED,BEEF BASE,WATER TO MARK
ON KETTLE,IGNORE THIS LINE

Nutrition Facts	
Portion Size	6 oz Portion
calories	88
fat (gm)	0.8
sat fat (gm)	0.3
chol (mg)	4.6
sodium (mg)	492.3
carbs (gm)	16.3
protein (gm)	4.4
calcium (gm)	14.18
iron (gm)	0.79

IVY LUNCH CASH

10/1/09

LUNCH

BREAD SOURDOUGH CT-10

YEAST,LUKEWARM WATER,SOURS FOR
BREAD 0,SALT,GRANULATED SUGAR,FLOUR
SUNSHINE,FLOUR SUNSHINE,BAKING SODA

Nutrition Facts	
Portion Size	LOAF 24 oz
calories	1547
fat (gm)	7.6
sat fat (gm)	0.8
chol (mg)	0.0
sodium (mg)	2391.9
carbs (gm)	338.6
protein (gm)	41.4
calcium (gm)	106.39
iron (gm)	9.59

IVY LUNCH CASH

10/1/09

LUNCH

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts	
Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH

10/1/09

LUNCH

BRUSCHETTA MOZZARELLA

FRENCH BREAD 24" LONG,OLIVE OIL,GARLIC
CHOPPED/IN OIL,CRUSHED RED
PEPPER,FRESH TOMATOES SM DICE,FRESH
RARERIPES SLICED,MUSHROOMS FRESH
SLICED,SLICED OLIVES RIPE,PIZZA BLEND
CHEESE

Nutrition Facts	
Portion Size	slice
calories	440
fat (gm)	27.1
sat fat (gm)	7.4
chol (mg)	24.6
sodium (mg)	785.5
carbs (gm)	35.0
protein (gm)	19.0
calcium (gm)	361.55
iron (gm)	2.47

IVY LUNCH CASH

10/1/09

LUNCH

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts	
Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH

10/1/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

Nutrition Facts	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

10/1/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk ,Veg Patty Flame
Grilled,HAMBURGER ROLL

Nutrition Facts	
Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

10/1/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

10/1/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

10/1/09

LUNCH

HOT TURKEY SANDWICH W/ SAUCE

TURKEY ROAST RAW,GROUND BLACK
PEPPER,ONIONS WHITE CUBED 3/4",CARROTS
DICED/1/4",CELERY DICED 1/4",WATER TO
MARK,WATER TO MARK,SALT IF NEED C LEAD
COOK,TURKEY FAT,FLOUR UNBLEACHED
UNBR SPRING KING,WHITE PULLMAN
BREAD,CRANBERRY SAUCE

Nutrition Facts

Portion Size	7 oz Portion
calories	251
fat (gm)	5.9
sat fat (gm)	1.8
chol (mg)	46.7
sodium (mg)	731.9
carbs (gm)	27.7
protein (gm)	20.9
calcium (gm)	27.90
iron (gm)	2.23

IVY LUNCH CASH

10/1/09

LUNCH

ITALIAN MEATBALLS W/SAUCE LUNCH

MEATBALLS ITALIAN RAW, SPAGHETTI SAUCE
(AMT REQ), PARMESAN CHEESE

Nutrition Facts	
Portion Size	6 oz Portion
calories	248
fat (gm)	12.4
sat fat (gm)	4.5
chol (mg)	73.9
sodium (mg)	645.6
carbs (gm)	10.1
protein (gm)	23.3
calcium (gm)	66.88
iron (gm)	3.50

IVY LUNCH CASH

10/1/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE, GENOA SALAMI, SLICED
CAPICOLA (HOT HAM), PROSCIUTTO, SLICED
OLIVES RIPE, PEPPERS RINGS BANANA
HOT, SLICED TOMATOES, GREEN LEAF
LETTUCE, GRILLED RED ONIONS, DRESS KENS
PARM & PEPPER, TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

10/1/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC
P, TABBOULI, CUCUMBER SLICED (4-5 PER), FR
TOMATOE SLICED (2 PER), FR SPINACH (2-3
LEAVES), SYRIAN BREAD LARGE 7", PICKLES
FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

10/1/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH
WHITE,TOMATOES SLICED
3/16",MAYONNAISE,PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

10/1/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS
SLICED 1/8",MUSHROOMS FRSH SL
TUBE,GREEN PEPPERS SL THIN,YELLOW
ONIONS SL THIN,SYRIAN BREAD LARGE
7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED
CHEDDAR CHEESE

Nutrition Facts	
Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

10/1/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED.,GREEN LEAF LETTUCE,SLICED
TOMATOES,DRESS BLUE CHEESE CRMY
DELUXE,TORTILLA TOM&BAS,BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

10/1/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE,BEEF ROAST BOARS
HEAD,MUENSTER CHEESE,MUSHROOMS
FRESH,SLICED TOMATOES 3/16",PICKLES
FRSH SPEAR SCHWTZ,ROLLS BULKIE
CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH**10/1/09****LUNCH**

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE

Nutrition Facts

Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH**10/1/09****LUNCH**

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,ROLLS
BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH**10/1/09****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN
& GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

10/1/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

10/1/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

10/1/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF
LETTUCE, FRESH TOMATOES, SLICED, Honey
Mustard PC 1 oz, BBQ Sauce PC 1 oz, Sweet &
Sour PC 1 oz, CHICKEN BREAST FILLET

<u>Nutrition Facts</u>	
Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

10/1/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF, ROLL FRANKFURT, PAN
& GRILL OIL

<u>Nutrition Facts</u>	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

10/1/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS, HAMBURGER
ROLL, PAN & GRILL OIL

<u>Nutrition Facts</u>	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

10/1/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

10/1/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE,SLICED
PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

10/1/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,SPINACH/TOM/FETA(RETAIL),SHF
MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

10/1/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON
MUSTARD,PASTRAMI BOARS HEAD,SWISS
CHEESE SL THIN 1 OZ,FRESH TOMATOES
SLICED,PICKLES FRSH SPEAR
SCHWTZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

10/1/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts	
Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

10/1/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT,TURKEY GLD
OVEN RST BOARS,GOUDA CHEESE,MUSTARD
DIJON GREY P 3LB,MAYONNAISE,VEGAN
GRILLED VEGETABLES

Nutrition Facts	
Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

10/1/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ,2-SLICED PROVOLONE
1/OZ,ONIONS SLICED 1/8" WHITE,ROLL
TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

10/1/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,GREEN LEAF LETTUCE,ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH

10/1/09

LUNCH

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

10/1/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE, TURKEY GLD OVEN
RST BOARS, MAYONNAISE, SLICED TOMATOES
3/16", PICKLE CIRCLES, ROLLS BULKIE CORNML
CAL

Nutrition Facts

Portion Size	10.670 oz Portion
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

10/1/09

LUNCH

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA, CHIPOTLE MAYONNAISE, PIZZA
BLEND CHEESE, CHICKEN MEAT, BROCCOLI
CUTS FZ

Nutrition Facts

Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

10/1/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE COLD MIX, PIZZA BLEND
CHEESE, PEPPERONI SLICED, PIZZA TOPPING
SAUSAGE, PEPPERS GRN
DICED/1/4, MUSHROOMS FRESH, SLICED
OLIVES RIPE

Nutrition Facts

Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

10/1/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL, TUNA FISH
4/OZ, MAYONNAISE, SLICED TOMATOES
3/16", PICKLE CIRCLES, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

10/1/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE, PIZZA BLEND CHEESE, PEPPERS GRN
DICED/1/4, ONIONS WHITE DICED
1/4", MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

10/1/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE, MAYONNAISE, TURKEY
GLD OVEN RST BOARS, BACON, SLICED
CHEDDAR CHEESE, SLICED TOMATOES
3/16", PICKLES FRSH SPEAR SCHWITZ, ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH

10/1/09

LUNCH

JELLO LEMON CT-50

WATER,GELATIN LEMON,COLD WATER

Nutrition Facts

Portion Size	4.560 oz Portion
calories	78
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	51.8
carbs (gm)	18.5
protein (gm)	1.6
calcium (gm)	0.61
iron (gm)	0.03

IVY LUNCH CASH

10/1/09

LUNCH

MASHED RED POTATOES W/GARLIC

RED POTATOES,SALT,WHITE
PEPPER,MARGARINE MELTED,MILK
(HOT),FRESH RARERIPES SLICED,ROASTED
GARLIC**Nutrition Facts**

Portion Size	4 oz Portion
calories	126
fat (gm)	3.5
sat fat (gm)	1.0
chol (mg)	2.7
sodium (mg)	307.5
carbs (gm)	21.6
protein (gm)	2.7
calcium (gm)	33.35
iron (gm)	0.40

IVY LUNCH CASH

10/1/09

LUNCH

OMELET BAR 3 EGGS IVY ROOM LUNCH

SLICED BACON, COOKED,
DICED,MUSHROOMS FRSH SL TUBE,PEPPERS
GRN DICED 1/4,TOMATOES, DICED,SHREDDED
MOZZARELLA CHESE,ONIONS WHITE DICED
1/4",HOMOGENIZED MILK,PAN GRILL AEROSOL
VEG,LIQUID EGGS**Nutrition Facts**

Portion Size	9.740 oz Portion
calories	487
fat (gm)	31.9
sat fat (gm)	11.6
chol (mg)	1037.2
sodium (mg)	884.5
carbs (gm)	7.6
protein (gm)	39.8
calcium (gm)	326.29
iron (gm)	3.99

IVY LUNCH CASH

10/1/09

LUNCH

PARFAIT PASSION FRUIT & YOGURT

STRAWBERRIES FRESH SLICED, LEMONS,
ZESTED, BAKERS SPECIAL SUGAR, PASSION
FRUIT, ORANGES BLOOD,
ZESTED, BLUEBERRIES FRESH, YOGURT PLAIN
NONFAT BULK, CEREAL GRANOLA OATS &
HONEY, KIWI FRUIT, 1/4" DICED, FRESH
RASPBERRIES

Nutrition Facts

Portion Size	GOBLET 8 oz
calories	363
fat (gm)	6.0
sat fat (gm)	3.5
chol (mg)	2.1
sodium (mg)	96.6
carbs (gm)	75.8
protein (gm)	6.2
calcium (gm)	104.95
iron (gm)	1.47

IVY LUNCH CASH

10/1/09

LUNCH

PARSLIED RICE

WATER MEASURED, SALT, WHITE
PEPPER, CHOPPED FRESH PARSLEY, WHITE
RICE

Nutrition Facts

Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH

10/1/09

LUNCH

PENNE WHOLE WHEAT

OLIVE OIL, WHOLE WHEAT PENNE

Nutrition Facts

Portion Size	8 oz Portion
calories	299
fat (gm)	3.2
sat fat (gm)	0.5
chol (mg)	0.0
sodium (mg)	6.8
carbs (gm)	60.2
protein (gm)	12.1
calcium (gm)	34.02
iron (gm)	2.41

IVY LUNCH CASH

10/1/09

LUNCH

PUDDING TAPIOCA CT-48

TAPIOCA PUDDING MIX,HOMOGENIZED MILK

Nutrition Facts

Portion Size	2.730 oz Portion
calories	139
fat (gm)	3.1
sat fat (gm)	1.9
chol (mg)	12.3
sodium (mg)	152.6
carbs (gm)	25.6
protein (gm)	3.0
calcium (gm)	109.22
iron (gm)	0.07

IVY LUNCH CASH

10/1/09

LUNCH

SAUTEED ARTICHOKES

GROUND BLACK PEPPER,OLIVE OIL,GARLIC
CHOPPED/IN OIL,WATER,ARTICHOKE HEARTS
40/50 CT,JUICE LEMON REALEMON 48
oz,BASE MIREPOIX**Nutrition Facts**

Portion Size	3 oz Portion
calories	81
fat (gm)	4.0
sat fat (gm)	0.5
chol (mg)	0.0
sodium (mg)	286.0
carbs (gm)	10.6
protein (gm)	3.2
calcium (gm)	39.15
iron (gm)	1.13

IVY LUNCH CASH

10/1/09

LUNCH

SPAGHETTI

SPAGHETTI,OLIVE OIL

Nutrition Facts

Portion Size	8 oz Portion
calories	312
fat (gm)	3.2
sat fat (gm)	0.4
chol (mg)	0.0
sodium (mg)	2.1
carbs (gm)	59.6
protein (gm)	10.0
calcium (gm)	14.71
iron (gm)	2.95

IVY LUNCH CASH

10/1/09

LUNCH

SPAGHETTI SAUCE

OLIVE OIL,ONIONS WHITE DICED 1/4",GARLIC
CHOPPED/IN OIL,GROUND
TOMATOES,TOMATO PUREE 1.06,TOMATO
PASTE USDA GRD
FCY,SUGAR,SALT,OREGANO,BASIL,BLACK
PEPPER,CRUSHED RED PEPPER,WATER TO
MARK ON KETTLE

Nutrition Facts	
Portion Size	4 oz Portion
calories	46
fat (gm)	2.3
sat fat (gm)	0.3
chol (mg)	0.0
sodium (mg)	475.8
carbs (gm)	6.4
protein (gm)	1.1
calcium (gm)	17.86
iron (gm)	0.74

IVY LUNCH CASH

10/1/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER
ROLL,Rolls Wheat Bulkie 6pk

Nutrition Facts	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

10/1/09

LUNCH

SQUASH BISQUE - cat menu 08

WATER,BASE MIREPOIX,BUTTERNUT SQUASH
CUBE 3/4,SLICED FRESH APPLES,ONIONS
WHITE DICED 1/4",ROSEMARY WHOLE,HEAVY
CREAM,SALT,GROUND BLACK PEPPER

Nutrition Facts	
Portion Size	6 oz Portion
calories	103
fat (gm)	5.9
sat fat (gm)	3.5
chol (mg)	20.6
sodium (mg)	362.3
carbs (gm)	12.8
protein (gm)	1.5
calcium (gm)	52.32
iron (gm)	0.61

IVY LUNCH CASH

10/1/09

LUNCH

SUGAR SNAP PEAS

PEAS SUGAR SNAP

Nutrition Facts

Portion Size	3 oz Portion
calories	37
fat (gm)	0.2
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	3.5
carbs (gm)	6.1
protein (gm)	2.9
calcium (gm)	36.64
iron (gm)	1.72

IVY LUNCH CASH

10/1/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY
BREAST,MAYONNAISE,JELLIED CRANBERRY
SAUCE,GREEN LEAF LETTUCE,PLUM TOMATO
JULIENNE,TORTILLA FLOUR 12"**Nutrition Facts**

Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

10/1/09

LUNCH

WHITE PESTO PIZZA '05

ROASTED GARLIC,SPICE OREGANO LEAF WHL
XX,ROMANO CHEESE GRATED,PIZZA BLEND
CHEESE,PESTO ALLA GENOVESE SAUCE, NO
NUTS,PIZZA CRUST ORIG PIZZA**Nutrition Facts**

Portion Size	PIZZA
calories	786
fat (gm)	52.0
sat fat (gm)	12.6
chol (mg)	36.4
sodium (mg)	1010.0
carbs (gm)	60.4
protein (gm)	29.5
calcium (gm)	783.95
iron (gm)	9.67

IVY LUNCH CASH

10/1/09

LUNCH

HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE
GRATED,HAM BNLS SMK OVAL FDL,SPICE
OREGANO LEAF WHL XX,PIZZA BLEND
CHEESE,CRUSHED PINEAPPLE,PIZZA CRUST
ORIG PIZZA

Nutrition Facts

Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

10/2/09

LUNCH

BASQUE CAKE W/RASP '07

BUTTER SALT FREE PRINTS,GRANULATED
SUGAR,LIQUID EGGS,VANILLA EXTRACT,CAKE
FLOUR,SALT,BAKING POWDER X,FOIL
PAN 10" HEMMED,PRESERVE
RASPBERRY,SUGAR CONF 6X

Nutrition Facts

Portion Size	~PORTIONS
calories	417
fat (gm)	27.4
sat fat (gm)	16.7
chol (mg)	109.5
sodium (mg)	128.4
carbs (gm)	40.6
protein (gm)	3.5
calcium (gm)	20.29
iron (gm)	2.01

IVY LUNCH CASH

10/2/09

LUNCH

BBQ CHICKEN PIZZA '05

BBQ SAUCE CATTLEMEN'S,ROMANO CHEESE
GRATED,CHICKEN MEAT,SPICE OREGANO
LEAF WHL XX,PIZZA BLEND CHEESE,PIZZA
CRUST ORIG PIZZA

Nutrition Facts

Portion Size	~PIZZA
calories	481
fat (gm)	21.6
sat fat (gm)	8.4
chol (mg)	55.1
sodium (mg)	984.1
carbs (gm)	51.9
protein (gm)	33.1
calcium (gm)	483.04
iron (gm)	20.36

IVY LUNCH CASH

10/2/09

LUNCH

BREAD MULTI GRAIN CT-10 ('07)

WATER,VEGETABLE SALAD
OIL,HONEY,SALT,BULGUR CRACKED WHEAT
,WHEAT GERM,WHITE RYE FLOUR,QUICK
OATS,FLOUR UNBLEACHED UNBR SPRING
KING,DRY MILK POWDER,YEAST,BRAN TABLE
50 lb

Nutrition Facts

Portion Size	LOAF
calories	1521
fat (gm)	36.5
sat fat (gm)	3.4
chol (mg)	5.4
sodium (mg)	3094.1
carbs (gm)	259.3
protein (gm)	47.7
calcium (gm)	453.78
iron (gm)	10.21

IVY LUNCH CASH**10/2/09****LUNCH**

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts

Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH**10/2/09****LUNCH**

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts

Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH**10/2/09****LUNCH**

CHOCOLATE BROWNIE PARFAIT

CHEWY BROWNIE, CHOCOLATE SAUCE, CHOCOLATE PUDDING CT-48

Nutrition Facts	
Portion Size	SERVING
calories	129
fat (gm)	4.0
sat fat (gm)	1.9
chol (mg)	22.7
sodium (mg)	130.3
carbs (gm)	21.4
protein (gm)	3.1
calcium (gm)	88.94
iron (gm)	0.90

IVY LUNCH CASH

10/2/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND CRESCENT '06, COOKIES CHOCOLATE CHIP '06, OATMEAL RAISIN COOKIES '06

Nutrition Facts	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

10/2/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk , Veg Patty Flame Grilled, HAMBURGER ROLL

Nutrition Facts	
Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

10/2/09

LUNCH

FRENCH GREEN BEANS FRESH TOMATO

FRESH TOMATOES SM DICE,BEANS GREEN
FRENCH STYLE,MARGARINE

Nutrition Facts	
Portion Size	3 oz Portion
calories	30
fat (gm)	0.9
sat fat (gm)	0.2
chol (mg)	0.0
sodium (mg)	20.2
carbs (gm)	5.6
protein (gm)	1.2
calcium (gm)	37.60
iron (gm)	0.72

IVY LUNCH CASH

10/2/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts	
Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

10/2/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

10/2/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

10/2/09

LUNCH

HOT PASTRAMI SANDWICH

PASTRAMI ROUNDS,BREAD RYE VIENNA LVR
CAL

Nutrition Facts

Portion Size	4 oz Portion
calories	290
fat (gm)	17.9
sat fat (gm)	6.1
chol (mg)	52.7
sodium (mg)	879.3
carbs (gm)	20.1
protein (gm)	13.9
calcium (gm)	39.56
iron (gm)	2.48

IVY LUNCH CASH

10/2/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED
CAPICOLA (HOT HAM),PROSCIUTTO,SLICED
OLIVES RIPE,PEPPERS RINGS BANANA
HOT,SLICED TOMATOES,GREEN LEAF
LETTUCE,GRILLED RED ONIONS,DRESS KENS
PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts

Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

10/2/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

10/2/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH WHITE,TOMATOES SLICED 3/16",MAYONNAISE,PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

10/2/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS SLICED 1/8",MUSHROOMS FRSH SL TUBE,GREEN PEPPERS SL THIN,YELLOW ONIONS SL THIN,SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED CHEDDAR CHEESE

Nutrition Facts	
Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

10/2/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED., GREEN LEAF LETTUCE, SLICED
TOMATOES, DRESS BLUE CHEESE CREAMY
DELUXE, TORTILLA TOM&BAS, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

10/2/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE, BEEF ROAST BOARS
HEAD, MUENSTER CHEESE, MUSHROOMS
FRESH, SLICED TOMATOES 3/16", PICKLES
FRSH SPEAR SCHWTZ, ROLLS BULKIE
CORNML CAL, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH

10/2/09

LUNCH

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE, PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

10/2/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,ROLLS
BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

10/2/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN
& GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

10/2/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

10/2/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts

Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

10/2/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF
LETTUCE,FRESH TOMATOES, SLICED,Honey
Mustard PC 1 oz,BBQ Sauce PC 1 oz,Sweet &
Sour PC 1 oz,CHICKEN BREAST FILLET

Nutrition Facts

Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

10/2/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF,ROLL FRANKFURT,PAN
& GRILL OIL

Nutrition Facts

Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

10/2/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST,AMERICAN CHEESE,WHITE PULLMAN BREAD,OIL PAN & GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

10/2/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

10/2/09

LUNCH

IVY MEATBALL PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE GRATED,SPICE OREGANO LEAF WHL XX,PIZZA BLEND CHEESE,MEATBALLS-ITALIAN (BUT SHOP LBS),PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	566
fat (gm)	25.8
sat fat (gm)	9.8
chol (mg)	68.5
sodium (mg)	1221.2
carbs (gm)	51.8
protein (gm)	36.4
calcium (gm)	436.43
iron (gm)	3.99

IVY LUNCH CASH

10/2/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

10/2/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE,SLICED
PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

10/2/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,SPINACH/TOM/FETA(RETAIL),SHF
MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

10/2/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON
MUSTARD,PASTRAMI BOARS HEAD,SWISS
CHEESE SL THIN 1 OZ,FRESH TOMATOES
SLICED,PICKLES FRSH SPEAR
SCHWITZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

10/2/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts	
Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

10/2/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT,TURKEY GLD
OVEN RST BOARS,GOUDA CHEESE,MUSTARD
DIJON GREY P 3LB,MAYONNAISE,VEGAN
GRILLED VEGETABLES

Nutrition Facts	
Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

10/2/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ,2-SLICED PROVOLONE
1/OZ,ONIONS SLICED 1/8" WHITE,ROLL
TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

10/2/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,GREEN LEAF LETTUCE,ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH

10/2/09

LUNCH

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

10/2/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE, TURKEY GLD OVEN
RST BOARS, MAYONNAISE, SLICED TOMATOES
3/16", PICKLE CIRCLES, ROLLS BULKIE CORNML
CAL

Nutrition Facts

Portion Size	10.670 oz Portion
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

10/2/09

LUNCH

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA, CHIPOTLE MAYONNAISE, PIZZA
BLEND CHEESE, CHICKEN MEAT, BROCCOLI
CUTS FZ

Nutrition Facts

Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

10/2/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE COLD MIX, PIZZA BLEND
CHEESE, PEPPERONI SLICED, PIZZA TOPPING
SAUSAGE, PEPPERS GRN
DICED/1/4, MUSHROOMS FRESH, SLICED
OLIVES RIPE

Nutrition Facts

Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

10/2/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL, TUNA FISH
4/OZ, MAYONNAISE, SLICED TOMATOES
3/16", PICKLE CIRCLES, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

10/2/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE, PIZZA BLEND CHEESE, PEPPERS GRN
DICED/1/4, ONIONS WHITE DICED
1/4", MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

10/2/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE, MAYONNAISE, TURKEY
GLD OVEN RST BOARS, BACON, SLICED
CHEDDAR CHEESE, SLICED TOMATOES
3/16", PICKLES FRSH SPEAR SCHWITZ, ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH

10/2/09

LUNCH

JELLO ORANGE CT-50

WATER,GELATIN ORANGE,COLD WATER

Nutrition Facts

Portion Size	4.560 oz Portion
calories	12
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	8.6
carbs (gm)	2.9
protein (gm)	0.2
calcium (gm)	0.41
iron (gm)	0.01

IVY LUNCH CASH

10/2/09

LUNCH

MANHATTAN CLAM CHOWDER

CELERY DICED 1/4",ONIONS WHITE DICED
1/4",MARGARINE,CRUSHED TOMATOS,DICED
POTATOES 1/2",MINCED CLAMS,FZ CLAM
JUICE BOIL/STRAIN,PEPPER
BLACK,SALT,WATER MARK ON KETTLE,CORN
STARCH,WATER**Nutrition Facts**

Portion Size	6 oz Portion
calories	59
fat (gm)	1.4
sat fat (gm)	0.3
chol (mg)	2.7
sodium (mg)	427.8
carbs (gm)	10.5
protein (gm)	1.5
calcium (gm)	11.77
iron (gm)	0.26

IVY LUNCH CASH

10/2/09

LUNCH

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI
SAUCE,PARMESAN CHEESE,ROLL TORPEDO
SUPERIOR**Nutrition Facts**

Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH

10/2/09

LUNCH

PARSLIED RICE

WATER MEASURED,SALT,WHITE PEPPER,CHOPPED FRESH PARSLEY,WHITE RICE

Nutrition Facts

Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH

10/2/09

LUNCH

PUDDING BUTTERSCOTCH CT-48

BUTTERSCOTCH PUDDING,FRESH MILK HOMOGENIZED

Nutrition Facts

Portion Size	2.500 oz Portion
calories	28
fat (gm)	1.9
sat fat (gm)	0.9
chol (mg)	6.2
sodium (mg)	35.5
carbs (gm)	2.4
protein (gm)	1.5
calcium (gm)	77.63
iron (gm)	12.78

IVY LUNCH CASH

10/2/09

LUNCH

RICE PILAF

MARGARINE,ONIONS WHITE DICED 1/4",BASE MIREPOIX,WATER TO MARK ON KETTLE,WHITE RICE,WHITE PEPPER

Nutrition Facts

Portion Size	3 oz Portion
calories	145
fat (gm)	2.8
sat fat (gm)	0.6
chol (mg)	0.2
sodium (mg)	300.4
carbs (gm)	26.3
protein (gm)	2.7
calcium (gm)	24.16
iron (gm)	1.21

IVY LUNCH CASH

10/2/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER
ROLL,Rolls Wheat Bulkie 6pk

<u>Nutrition Facts</u>	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

10/2/09

LUNCH

TARTAR SAUCE

SWEET RELISH,MAYONNAISE

<u>Nutrition Facts</u>	
Portion Size	2 oz Portion
calories	184
fat (gm)	14.1
sat fat (gm)	2.0
chol (mg)	10.9
sodium (mg)	403.2
carbs (gm)	15.1
protein (gm)	0.5
calcium (gm)	8.83
iron (gm)	0.20

IVY LUNCH CASH

10/2/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY
BREAST,MAYONNAISE,JELLIED CRANBERRY
SAUCE,GREEN LEAF LETTUCE,PLUM TOMATO
JULIENNE,TORTILLA FLOUR 12"

<u>Nutrition Facts</u>	
Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

10/2/09

LUNCH

VEGAN HARVEST CORN CHOWDER VEGETARIAN

VEGETABLE SALAD OIL,FRESH LEEKS
RINCED/CHOPPD,CELERY SLICED 3/4",RED
PEPPERS, DICED,WATER,BASE
MIREPOIX,DICED POTATOES 1/2",BUTTERNUT
SQUASH, DICED,FRZ CORN WHOLE
KERNEL,COOKING SHERRY,PARSLEY
FLAKES,OREGANO LEAF,GROUND
PAPRIKA,THYME LEAF,SALT,GROUND BLACK
PEPPER

Nutrition Facts	
Portion Size	6 oz Portion
calories	66
fat (gm)	1.0
sat fat (gm)	0.1
chol (mg)	0.2
sodium (mg)	357.4
carbs (gm)	12.3
protein (gm)	1.8
calcium (gm)	23.88
iron (gm)	0.87

IVY LUNCH CASH

10/2/09

LUNCH

VEGAN VEGETABLE COUSCOUS - cat 08

OLIVE OIL,CELERY SLICED 3/4",ONIONS WHITE
DICED 1/4",FRESH CARROTS SLICED
1/8",GARLIC CHOPPED/IN OIL,GROUND
CUMIN,GROUND GINGER,WATER,RED
POTATOES QUARTERED,FRESH TOMATOES
1/2"CUBE,ZUCCHINI SQUASH
1/2"CUBE,GARBANZO BEANS,
DRAINED,CILANTRO FRESH
CHOPPED,COUSCOUS BULK,BASE MIREPOIX
,GROUND PAPRIKA

Nutrition Facts	
Portion Size	8oz portion
calories	231
fat (gm)	5.0
sat fat (gm)	0.7
chol (mg)	0.4
sodium (mg)	656.2
carbs (gm)	39.5
protein (gm)	7.1
calcium (gm)	35.67
iron (gm)	1.23

IVY LUNCH CASH

10/2/09

LUNCH

WHITE PESTO PIZZA '05

ROASTED GARLIC,SPICE OREGANO LEAF WHL
XX,ROMANO CHEESE GRATED,PIZZA BLEND
CHEESE,PESTO ALLA GENOVESE SAUCE, NO
NUTS,PIZZA CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	PIZZA
calories	786
fat (gm)	52.0
sat fat (gm)	12.6
chol (mg)	36.4
sodium (mg)	1010.0
carbs (gm)	60.4
protein (gm)	29.5
calcium (gm)	783.95
iron (gm)	9.67

IVY LUNCH CASH

10/2/09

LUNCH